

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>THE OPAL</b> AT MUSIC CITY</p>			<p>1</p> <p>8:00 Coffee &amp; Gossip 10:00 Sit n be fit 10:30 Bible Study 11:00 Tell a Joke day 1:30 Edible art (beading) 2:30 Laughing yoga 3:00 Table ball <b>APRIL FOOL'S DAY</b></p>	<p>2</p> <p>8:00 News &amp; Views 10:00 Sit n' be fit 10:30 Noodle ball 11:00 Fill in the blank 1:00 Coupon clipping 2:00 Fried PB&amp;J fun! 3:00 High steppers club <b>NAT'L PB&amp;J DAY</b></p>	<p>3</p> <p>8:00 Hello Sunshine 10:00 Sit n be fit 10:30 Donuts &amp; views 11:00 Ball toss 1:00 Feels good facials 2:00 Canvas fun 3:00 Relaxation station 4:00 Color Therapy</p>	<p>4</p> <p>10:00 Morning stretches 11:00 Music Chatter 2:00 Color time! 3:00 Movie Hour</p>
<p>5</p> <p>10:00 Morning Stretches 2:00 Devotion 3:00 Afternoon chatter</p>	<p>6</p> <p>8:00 Good Morning social 10:00 Sit n be fit 10:30 Noodle Ball 1:00 Hand massages &amp; Nails 2:00 Afternoon Facial 3:00 Puzzle time 4:00 Book Club AR</p>	<p>7</p> <p>8:00 Sunrise &amp; Cheer 10:00 Sit n be fit 10:30 Balloon Toss 11:00 Past Times 1:30 Joey Boone DR 2:00 Cooking club Pretzels &amp; Beer dip <b>National Beer Day</b></p>	<p>8</p> <p>8:00 Coffee &amp; Gossip 10:00 Sit n' be fit 10:30 Bible study 11:00 Sit n sort 1:30 Umbrella Wreaths 2:30 Puzzle time 3:30 Watercolor fun 4:00 Table ball</p>	<p>9</p> <p>8:00 News &amp; Views 10:00 Sit n be fit 10:30 Noodle ball 1:00 Baking time 2:00 Paint Easter Eggs 3:00 Armchair travel 4:00 High steppers</p>	<p>10</p> <p>8:00 Hello Sunshine 10:00 Sit n be fit 11:00 Donuts &amp; news 1:00 Memory chess 1:30 George Ads Entertains 2:00 Feels good facials 3:00 Relaxation station 4:00 Color Therapy</p>	<p>11</p> <p>10:00 Morning stretches 11:00 Music Chatter 2:00 Color time! 3:00 Movie Hour</p>
<p>12</p> <p>Easter 10:00 Morning Stretches 2:00 Resident egg Hunt 3:00 afternoon chatter</p>	<p>13</p> <p>8:00 Good Morning social 10:00 Sit n be fit 10:30 Balloon volley ball 11:00 MInd Teasers 1:00 Beauty &amp; a makeover 2:00 "Sweet treats" 3:00 Boogle 4:00 Pet therapy</p>	<p>14</p> <p>8:00 Sunrise &amp; Cheer 10:00 Sit n' be fit 10:30 Bean bag toss 1:00 Crafty critters/Grass Heads 2:00 Scoops &amp; Smiles 3:00 Mind teasers 4:00 High Steppers</p>	<p>15</p> <p>8:00 Coffee &amp; Gossip 10:00 Sit n be fit 10:30 Bible study 11:00 Let's be creative: Art 1:30 Memory chess 2:00 Friendship bread 2:30 Laughing yoga 3:00 Table ball</p>	<p>16</p> <p>National High Five day 8:00 News &amp; Views 10:00 Sit n be fit 10:30 Noodle ball 1:00 Friendship bread 2:00 Wii bowling 3:00 High Five day fun! 4:00 High steppers</p>	<p>17</p> <p>8:00 Hello Sunshine 10:00 Sit n be fit 10:30 Ball Toss 11:00 Donuts &amp; coffee 1:30 Nancy Iker Performs 2:30 Moon pies &amp; rc colas 3:00 Relaxation station 4:00 Color Therapy</p>	<p>18</p> <p>10:00 Morning Stroll 3:00 First Missionary Baptist Church Minister Robert Craig</p>
<p>19</p> <p>10:00 Morning Stretches 2:00 Devotion 3:00 Afternoon chatter</p>	<p>20</p> <p>Volunteer appreciation day 10:00 Sit n be fit 10:30 Balloon volley ball 11:00 Mind Teasers 1:00 Beauty &amp; a makeover 2:00 "Sweet treats" 3:00 Arm chair travel 4:00 TY craft/ Volunteers</p>	<p>21</p> <p>8:00 Sunrise &amp; Cheer 10:00 Sit n' be fit 10:30 Bean bag toss 1:00 Scoops &amp; Smiles 2:00 Crafty critters 3:00 Mind teasers 4:00 High Steppers</p>	<p>22</p> <p>National Jelly Bean day 8:00 Coffee &amp; Gossip 10:00 Sit n be fit 10:30 Bible study 11:00 Sit n sort 1:00 Sing a long 2:00 Cooking club 3:00 Table ball</p>	<p>23</p> <p>8:00 News &amp; Views 10:00 Sit n' be fit 10:30 Noodle ball 11:00 Fill in the blank 1:00 Coupon clipping 2:00 Wii Bowling 3:00 High steppers club</p>	<p>24</p> <p>Pig in a blanket day 8:00 Hello Sunshine 10:00 Sit n be fit 10:30 Ball toss 1:30 Feel good facials 2:30 Cooking Corner 3:00 Relaxation station 4:00 Color Therapy</p>	<p>25</p> <p>10:00 Morning Stroll 11:00 Music Chatter 2:00 Color time! 3:00 Movie Hour</p>
<p>26</p> <p>10:00 Morning Stretches 2:00 Devotion 3:00 Afternoon Chatter</p>	<p>27</p> <p>8:00 Good Morning social 10:00 Sit n be fit 10:30 Noodle ball 1:00 Babe Ruth Facts 2:00 Take me out to the ball game "Snacks" 3:00 Baseball Craft 4:00 Nails and tales</p>	<p>28</p> <p>8:00 Sunrise &amp; Cheer 10:00 Sit n' be fit 10:30 Bean bag toss 1:00 Jelly Bean Edible craft 1:30 Crafty Critters 3:00 Mind teasers 4:00 High steppers</p>	<p>29</p> <p>8:00 Coffee &amp; Gossip 10:00 Sit n be fit 10:30 Bible Study 11:00 Noodle ball 1:30 Edible art (beading) 2:30 Laughing yoga 3:00 Table ball</p>	<p>30</p> <p>8:00 News &amp; Views 10:00 Sit n' be fit 10:30 Bean bag toss 11:00 Fill in the blank 1:00 Coupon clipping 2:00 Wii Bowling 3:00 High steppers club</p>		